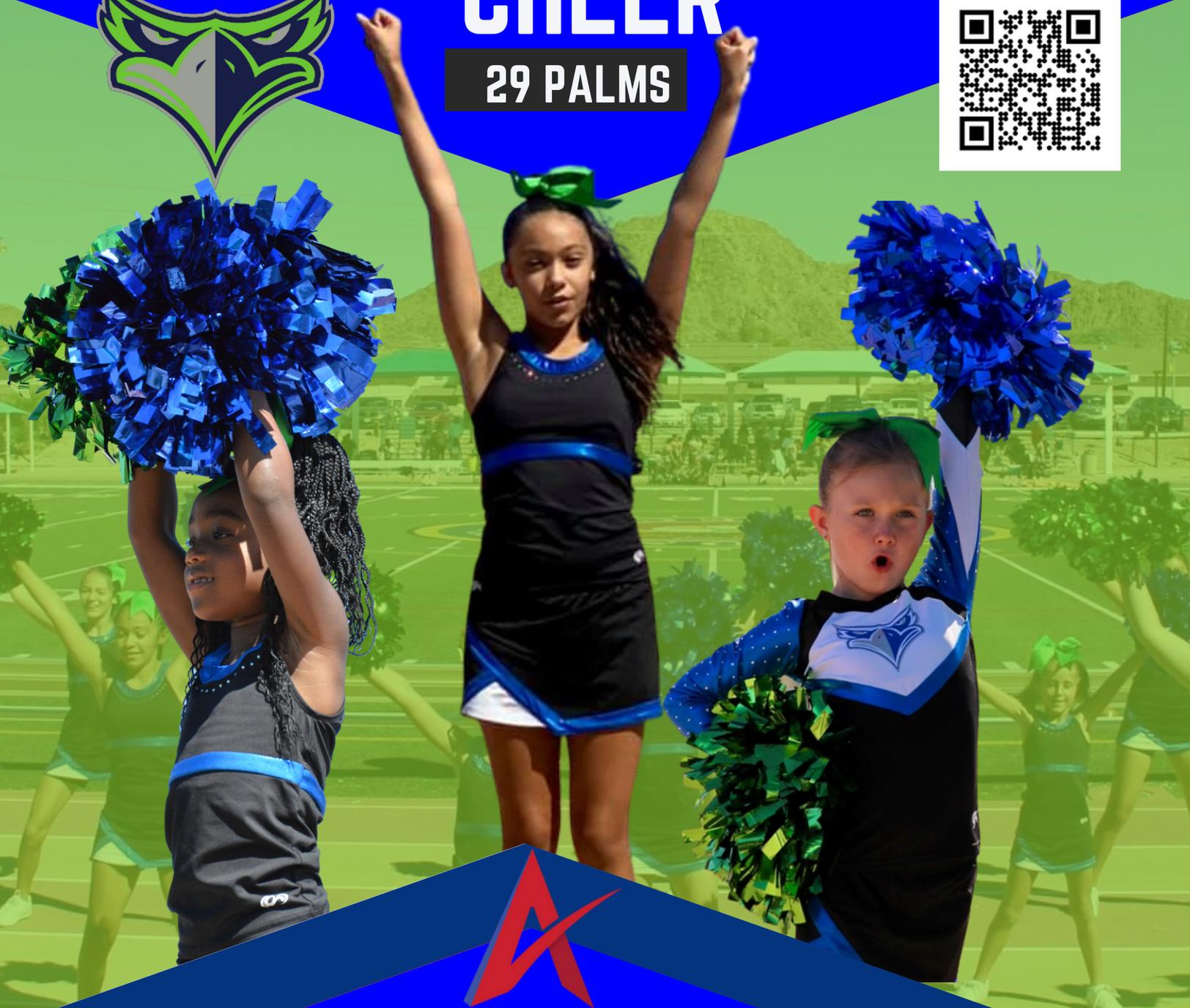


WARHAWKS FOOTBALL CHEER



29 PALMS



AMERICAN SPIRIT
ATHLETICS

2022
SUMMER/FALL

CHEER PACKET

LISA@AMERICANSPIRITATHLETICS.COM

AMERICANSPIRITATHLETICS.COM



American Spirit Athletics 2022-2023 Recreational Cheerleading Programs

American Spirit Athletics has a team of experienced, trained, safety certified, and background-checked staff dedicated to bringing you and your child the ultimate recreational cheerleading experience. Our founder is a Marine Corps veteran and has over 30 of experience in the spirit industry as an all-star gym owner, all-star, school and recreational coach, and an international judge including The Cheerleading Worlds and a USASF safety certifier.

She has helped coach athletes to numerous national and world championship events along with athletes that have progressed to nationally recognized college cheer programs and two athletes who cheered on TEAM USA.

Our athletes will learn the fundamentals of tumbling and cheerleading along with the values of teamwork, inclusion, confidence, discipline, and goal setting.

Our recreational programs are designed to be inclusive and to develop the whole athlete, physically and emotionally. Our mission is to teach kids to believe and achieve.

We understand the unique transient military community and strive to work to meet each family's needs.

If you have any questions, please reach out.

Lisa Hemmie
Director
Lisa@americanspiritathletics.com

Warhawks Football Cheerleading-29 Palms, CA

The Warhawks sideline cheer squads are part of the American Spirit Athletics Cheerleading Program. Our cheerleaders support the Warhawks youth tackle football program on the USMC base. This program is for boys and girls who want to experience being on a team, build self-confidence, and performance skills, increase physical fitness, make friends, have loads of fun, and keep the community spirit high! Concepts for game-time and performance will be introduced. Info subject to change.

The Warhawks team colors are blue and green The Football program is a part of the SoCal Elite Football League (<http://socaleliteyfc.com/>) The Cheerleading program is an open gate program to all authorized persons. See the website for base access.

General Information

Registration dates:	June 01-July 30th, 2022 Open to military and civilians	Online www.americanspiritathletics.com See website for base access information
Season Dates:	July 12-Dec 21 st , 2021	
Age of athlete for divisions:	As of July 31, 2022,	Questions-email lisa@americanspiritathletics.com
Divisions/Squads:	Youth <i>Freshmen/Sophomore/Junior</i>	Ages 5-7 Ages 8-14 ➤ The number of squads is based on the number of athletes enrolled ➤ Coaches will arrange a Big Cheerleader/Little Cheerleader program to encourage support/camaraderie
Team training:	Cheers & chants, motions, stunts tumbling, dances, fight songs, cooperation, leadership & more. ➤ Families will be given access to online videos to begin learning sidelines, motion drills, and other choreography upon signing up. ➤ Additional learning materials will be released as well.	
Practice location:	MCCS USMC Base Community Center Gym Bldg. 1004 Cottontail Rd Twentynine Palms, CA 92278	
Practices MCCS Gym:	Tuesday & Thursday	
	➤ Youth	4:30-5:45pm
	➤ Freshman/Sophomore/Junior	5:45-7:15pm
Game Day Prep Felix Field:	Tuesday August 30th & Thursday Sept 01 practices will be at Felix Field	
	➤ Youth	4:30-5:45pm
	➤ Freshman/Sophomore/Junior	5:45-7:15pm
Communications		
Private Cheer Facebook group:	https://www.facebook.com/groups/ASAWarhawksCheer	
Email	Email and Facebook are primary communication tools (Facebook link is spelled correctly)	

Training Tuition & Fees

Annual registration:

All rates are reflective of a military community discount
\$25 (if already enrolled in other classes this is not due until your personal anniversary date.

Training:

\$75 month

- Practices, game days, game day prep week, etc.

All athletes-new uniform:



Cost: \$139.60 (past uniform has been discontinued)

- Includes GK quality uniform
 - Long sleeve rhinestone uniform top-Warhawks logo
 - Rhinestone tank top
 - Rhinestone skort (has built-in brief)
 - Full Rhinestone green bow
 - Sales tax, shipping
 - Special ASA discount
- We have optioned every type/style of uniform pricing this year due to supply chain cost increases. Based on quality, price, and delivery times. ASA does not mark up.*

Set of pom pons



Cost: \$17.25

- **Returning cheerleaders who have poms do not need to re-order**
- Sales, tax, shipping
- Special ASA discount

Optional Cheer Shoes:



Cost: \$27.00

- Chasse Flip IV-we will have shoe sizers this year
- Optional-any appropriate white CHEER shoe is sufficient
 - Stunting/tumbling requires a special lightweight shoe.
 - No street shoes, Converse, Vans, Keds, etc. Safety first.
- Sales tax, shipping
- Special ASA discount

Uniform fitting/Payment:

Uniform fitting Tuesday, July 26th (questions/ late PCS see coach Lisa)

- Payment is due August 06th. Uniforms will not be ordered without payment
- Uniform items will be billed to the account. Payable online
- Uniforms are non-refundable

Cheer Game Snack Exchange:

TBD due to COVID last year, teams did not participate

Game schedule Information:

Saturday mornings. All home games, some travel (TBD,) playoffs, and Superbowl if a team advances. Info subject to change.

The information below is based on historical data and current information:

- League game schedule released mid-August (TBA)
- First game Sept 10th
- Last game Early Nov
- Playoffs Mid Nov
- Superbowl Generally Sat before Thanksgiving
- End of-season showcase/athlete party mid-December.

Basketball Show Team Cheerleading-29 Palms, CA
Jan-May 2023
Quick notes

Additional Information-Information subject to the release of event information.

- ASA offers a Winter/Spring Show Team cheerleading program Jan-May 2023.
 - This program expands the focus to include performances with all-star style choreographed routines to music along with sideline basketball cheer training and games
 - Uniform-same as football cheer program
 - Practice location, dates, times-same as football cheer program
 - Combination of USMC base and the community of 29 palms youth basketball games
 - Games are local.
 - Game dates TBA
 - Mid-May 2023 ASA showcase with all-star style musically choreographed routine!