

## Fall 2025 Dance-29 Palms, CA

Updated July 21, 2025

**Discover the magical joy of movement with us!** At American Spirit Athletics, we believe in inspiring creativity, building confidence, and fostering a lifelong love for the arts. This season, we're delighted to offer a range of recreational classes tailored to all levels of young dancers.

Our **Creative Movement** class introduces ages 3-4 to the wonder of dance through imagination and play, while **Ballet** for ages 5-10 nurtures technique, grace, and discipline. For ages 9-13, we're proud to introduce **The Blend**: an innovative class that fuses the elegance of ballet and the upbeat energy of jazz.

Through every plié and leap, we create a positive and inclusive environment where dancers grow, express themselves, and celebrate their achievements. Join us in making movement magical this season!

### GENERAL INFORMATION

|                         |                                                                                                                                                                                                                         |              |        |
|-------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------|--------|
| Registration:           | Registration open-Aug 15th, 2025 <b>Online</b> <a href="http://www.americanspiritathletics.com">www.americanspiritathletics.com</a><br>Open to military and civilians      See the website for the base access process. |              |        |
| Season Dates:           | August 01-Dec 06th, 2025                                                                                                                                                                                                |              |        |
| Classes:                | Creative Movement (ballet foundation)                                                                                                                                                                                   | Ages         | 3-4    |
|                         | Ballet                                                                                                                                                                                                                  | Ages         | 5-7    |
|                         | Ballet                                                                                                                                                                                                                  | Ages         | 6.5-10 |
|                         | The Blend: Ballet/Jazz Combo                                                                                                                                                                                            | Ages         | 9-13   |
|                         | ➤ Ballet for ages 6.5+ requires athletes to be more focused and training is more challenging. Instructor approval for slightly younger.                                                                                 |              |        |
|                         | ➤ Age cutoff date: Aug 01, 2025                                                                                                                                                                                         |              |        |
| Practice Location:      | MCCS (Marine Corps Community Services) USMC Base Community Center Classroom. Bldg. 1004 Cottontail Rd, Twentynine Palms, CA 92278                                                                                       |              |        |
| Practice Dates & Times: | Monday                                                                                                                                                                                                                  |              |        |
|                         | ➤ Creative Movement                                                                                                                                                                                                     | 4:15-4:55 pm |        |
|                         | ➤ The Blend: Ballet/Jazz Combo                                                                                                                                                                                          | 5:00-6:00 pm |        |
|                         | Wednesday                                                                                                                                                                                                               |              |        |
|                         | ➤ Creative Movement                                                                                                                                                                                                     | 3:15-3:55 pm |        |
|                         | ➤ Ballet (6.5-10)                                                                                                                                                                                                       | 4:00-4:50 pm |        |
|                         | ➤ Ballet (5-7)                                                                                                                                                                                                          | 5:00-5:50 pm |        |
|                         | ➤ Attendance is vital for safety, skill-building, and choreography preparation. Every dancer's role is important for a confident, polished routine.                                                                     |              |        |
|                         | ➤ Unavoidable absences must be initiated through the parent portal.                                                                                                                                                     |              |        |

Practice Attire:

Mandatory Attire: safety, dance posture/alignment

**Dance Preschool Creative Movement:**

- Girls: Ballet leotard. Pink canvas/leather ballet shoes. Option- ballet tights and/or tutu or a flowy skirt.
- Boys: Fitted white t-shirt, black athletic pants or shorts, black canvas/leather ballet shoes, thin white ankle socks.

**Dance Ballet**

- Girls: Pink leotard, ballet pink footed or conversion tights, pink ballet slippers. Dancers may wear a tutu or flowy skirt if desired.
- Boys: White T-shirt, black leggings, black ballet slippers.

Long hair up in a slicked-back ballet bun. Very short hair must be secured away from the face.

**The Blend Ballet/Jazz Combo (ages 9-13)**

- Girls-Leotard of choice (may also wear Cami top cover,) black fitted shorts, or leggings (no yoga pants/flair). Pink ballet slippers and black jazz shoes.
- Boys T-shirt of choice with black fitted athletic pants. Black ballet and jazz shoes.

Hair up in a bun or ponytail. Very short hair must be secured away from the face.

**TUITION & FEES**

Annual registration:

All rates are reflective of a military community discount.

**\$25** (waived for students already enrolled in classes or until their anniversary date.

Training:

**Monthly** (based on a full season commitment; no monthly prorating once the month has started.)

- Creative Movement \$50.00
- Ballet \$60.00
- The Blend: Ballet/Jazz Combo \$70.00

**COMMUNICATIONS**

Private Cheer Facebook group:

<https://www.facebook.com/groups/danceasa>

Email

Regular updates via email and Facebook.

**PARENT SHOWCASE RECITAL**

General Information:

**Spring Parent Showcase:**

- Saturday, Dec 06<sup>th</sup>, 2025, USMC Base West Gym, drop-off at 10:30 AM, showcase at 11:45 AM

**RECITAL COSTUMES**

**Affordable and Stylish Theme**

- Information will be shared once the instructor selects costume.

**SPECIAL EVENTS**

**Team Photos:** Friday, Oct 03<sup>rd</sup> 6:15 pm, MCCS Community Center Bldg. 1004)



**Base Access Reminder:**

If you need **base access**, you may need to request access for **Saturday Dec 6<sup>th</sup>**. We recommend reviewing your status and updating any requests to avoid delays.